

SALADS

Californian Super Salad £6.50
V, *V+, GF, NF

Smokey Roast Cauliflower & Pearl Couscous £5.50
V+, DF

Pumpkin, Kale & Salted Ricotta £5.50
V, GF

SARNIES, BAGUETTES & WRAPS

Chicken, Avocado & Wild Garlic £6.00
Ham, Cheddar & Red Onion Chutney
Smoked Cheddar, Apple & Carrot Slaw
Tomato, Mozzarella & Basil
Felafel, Tabbouleh & Hummus Wrap

V, V+, GF options available

Multigrain / Wholemeal /
White
Bread / Baguette / Wrap

SWEET TREATS

Brownies £2.40
Peanut Butter (V)
Chocolate & Coconut (V, GF, NF)

Muffins £1.80
Pear & Chocolate (V, GF)
Raspberry & Coconut (V, DF, NF)

Slices £2.40
Marshmallow Slice (V)
Nutty Cacao Crunch Bar (V+, DF, GF)
Coconut Cream & Apricot Bumper Bars
(V, V+, DF, GF)

KIDS

Sandwich or Wrap £8.50
Ham & Cheddar
Cheese & Salad
Smoked Cheddar, Apple & Carrot Slaw

Crudités & Dip or Fruit Salad

Sweet Treat
Mini Muffin, Brownie or Slice

FAMILY SHARING PLATTERS

Grazing for 2 people £25.00

Grazing for 4 people £50.00

Sandwich & Wrap Selection
V, V+, GF options available

Multigrain / Wholemeal / White
Bread / Baguette / Wrap

**Spinach & Feta Pie or Seasonal Tart /
Frittata / Quiche**
V, GF options available

Crudités & House Dips
V, V+, GF options available

Sweet Treat
Fruit Selection or Slice selection

V, V+, GF options available